

Re GenTM

INSPIRING ALCOHOL
& OTHER DRUGS
TREATMENT & EDUCATION

Crystal methamphetamine withdrawal

Challenges and changes to practice



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Challenges

Management of the ‘crash phase” in residential environment

People still in withdrawal at end of residential admission according to ACSA

Available information about process of withdrawal

Residential withdrawal

Supportive environment

- Role of supportive environment.
- What works, what we have learnt so far.

Changes to processes / program attendance to support Methamphetamine withdrawal.

Withdrawal without a specific pharmacotherapy for methamphetamine

Step up / Step down methamphetamine withdrawal

Identified at Assessment

Clinical Review recommendation

Contact by non residential team

Support, monitoring and commencement of
ACSA scale

Crash phase

Nutrition advice

Medication support

GP links

Evaluation of Step up / Step Down



Engaged evaluation consultants to evaluate changes
to practice

Methamphetamines Personal Education Program



FREE 3 hour education program - diversion program or for people concerned about their methamphetamine use.

Reflect on the impact of Methamphetamine use on their lives and those people around them.

Methamphetamines Personal Education Program cont'd

The program consists of 5 modules:

Introduction

Methamphetamine - An overview

Methamphetamine and the law

The effects of methamphetamine

Making changes and reducing harms - Behaviour change, including harm reduction, planning for change, getting through withdrawal and relapse prevention.

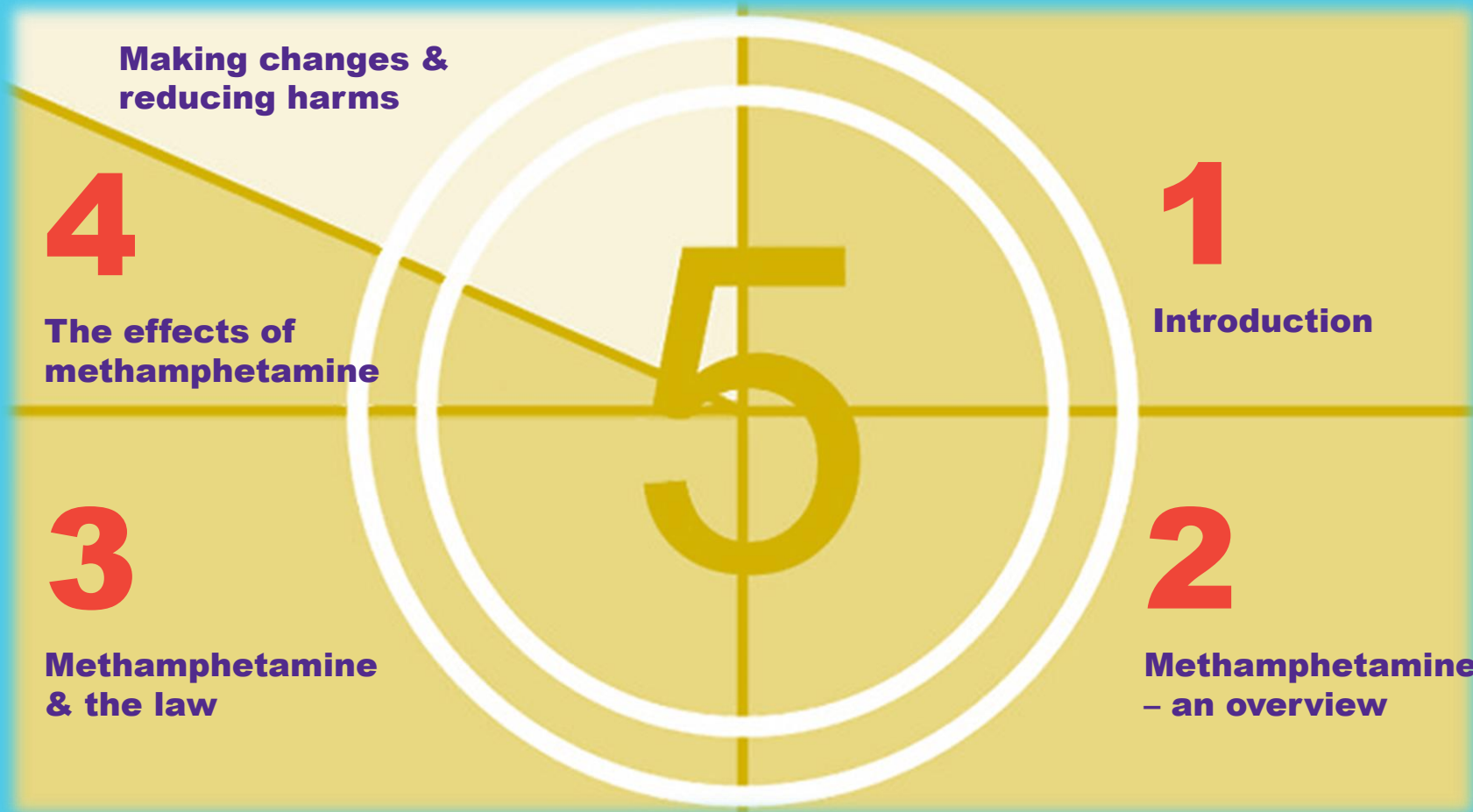
ME THE AMPHETAMINE

PERSONAL EDUCATION PROGRAM

Methamphetamine Personal Education Program

- Suitable for users, their family members & support networks
- Voluntary & non voluntary clients
- Early intervention program & pathway into treatment for those concerned about their drug use
- Works with different stages of change

Session Plan: 5 Modules



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